

## Curriculum Vitae

**Laura J. Lampton, R.N., B.S.N., C.R.R.N., C.N.L.C.P.**

**BUSINESS ADDRESS:** Vocational Economics, Inc.  
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Louisville, Kentucky 40202  
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**DATE OF BIRTH:** October 1964

### **EDUCATION:**

Bellarmino University, Louisville, Kentucky  
*Bachelor of Science in Nursing (1987)*  
*Associate Degree in Nursing (1985)*

### **WORK HISTORY:**

January 2001 to Present Senior Life Care Plan Specialist, Vocational Economics, Inc.  
*Provide financial estimates of lifetime health and medical care needs for catastrophically injured individuals. Provide financial estimates of medical care needs for partially and permanently injured individuals. Promoted to Senior Life Care Planner in 2013. Job duties as Senior Life Care Planner are similar to those described above.*

1999 – December, 2001 Registered Nurse, Frazier Rehab Center  
*Staff RN. Provide nursing care for patients undergoing rehabilitation. Responsibilities include medication administration, assisting with activities of daily living, wound/skin care, assessment and care planning, interdisciplinary team conferencing.*

- 1994 – 1999                      Nurse Manager, Southern Indiana Rehab Hospital  
*Manager of a 41 bed General Rehab unit. Supervised and monitored the performance of approximately 100 full time, part time, and PRN nursing employees. Responsible for interviewing and hiring qualified nursing personnel to fill vacant positions. Monitored census and acuity to provide appropriate staffing mix of registered nurses, licensed practical nurses and nursing assistants on a 24-hour basis. Completed annual operating budget for the unit. Completed Quality Assurance program quarterly to monitor the quality of nursing care provided. Assisted in the development of policies and procedures to ensure compliance with all regulatory agencies. Developed an outpatient Day Hospital program. Assisted with patient care as needed.*
- 1987 – 1994                      Nurse Manager, Frazier Rehab Center  
*Began at Frazier in a staff nurse position on the Stroke Unit. Promoted to Associate Nurse Manager of a 31 bed Orthopedic Unit in 1990. Promoted to Nurse Manager of a 15 bed Brain Injury Unit in 1992. Job duties as Nurse Manager were similar to those described above. Also, developed the outpatient Day Hospital Program at Frazier.*
- 1985 – 1987                      Staff Registered Nurse, UpJohn Healthcare (now Gentiva)  
*Worked on private duty cases as well as supplemental staffing in various acute care settings on their medical/surgical units*
- 1984 – 1985                      Staff Registered Nurse, Northfield Manor Nursing Home  
*Began in a nursing assistant position on the Skilled Nursing Unit. Transitioned into a Staff Registered Nurse position on the same unit upon completion of my degree. Responsible for providing basic nursing care to approximately 50 patients. Responsible for overseeing the care provided by the LPNs and nursing assistants on the unit.*

## **PRESENTATIONS:**

Lampton, L. and Ford, S. "Impact Over a Lifetime." Kentucky Continuing Education Presentation, Cincinnati Airport Marriott, Hebron, KY, April 13, 2018.

Lampton, L. "Catastrophic Injuries, Catastrophic Cost: Issues in Life Care Planning." Presentation given at a California and Nevada Continuing Legal Education webinar for attorneys (sponsored by Vocational Economics, Inc.), Louisville, KY, April 24, 2015.

Lampton, L. "Issues in Life Care Planning." Kentucky Continuing Legal Education Presentation, Louisville Marriott Downtown, Louisville, KY, November 16, 2012.

Lampton, L. "Life Care Planning and Rehabilitation Nursing", CRRN Review Course, Louisville, Kentucky, November 13, 2007.

Lampton, L. "Issues in Life Care Planning", KATA Seminar, Louisville, Kentucky, September 9, 2004.

Lampton, L. "Issues in Life Care Planning", Economic Damages In Ohio Seminar, Cincinnati, Ohio, May 8, 2003.

Lampton, L. "Issues in Life Care Planning for the Catastrophic Case", The Trial of the Catastrophic Injury Case Seminar, Indianapolis, Indiana, November 8, 2002.

Lampton, L. "Issues in Life Care Planning", Economic Damages in Ohio Seminar, Cincinnati, Ohio, May 14, 2002.

Lampton, L. "Life Care Planning in Brain Injury Cases", KATA Litigating the Brain Injury Case Seminar, Bowling Green, Kentucky, June 7, 2001.

Lampton, L. "The Value of a Life Care Plan Specialist in a Small Case", ITLA 13<sup>th</sup> Annual Lifetime Achievement Seminar, Indianapolis, Indiana, March 9, 2001.

## **PROFESSIONAL ASSOCIATIONS:**

Commonwealth Chapter of the Association of Rehabilitation Nurses  
Association of Rehabilitation Nurses  
American Association of Nurse Life Care Planners  
Indiana Council of Nurse Managers (1995 to 1999)

## **LICENSES & CERTIFICATES:**

Indiana Registered Nurse Compact, License #2812467C  
Certified Registered Rehabilitation Nurse, 1990, Certification # 00010912  
Certified Nurse Life Care Planner, 2002, Certification # 2020137  
Certified CPR Instructor (1993-2002)

**SERVICE:**

2011-2015 Elected Treasurer of the Commonwealth Chapter of the Association of  
2008-2009 Rehabilitation Nurses, Louisville, Kentucky  
2007-2008

1997 Elected Board Member of the Commonwealth Chapter of the Association of  
Rehabilitation Nurses, Louisville, Kentucky

1996 Elected President of the Commonwealth Chapter of the Association of  
Rehabilitation Nurses, Louisville, Kentucky

**CONTINUING EDUCATION:**

2024 AANLCP Annual Conference; Peachtree City, GA, April 2024. 17.25 hours.

2023 AANLCP Annual Conference; Memphis, TN, March 2023. 17.2 hours.

Clinical Practice Guidelines for the Management of Concussion – Mild Traumatic Brain Injury; AAACEUS; Lakewood, CO, September 2022. 12 hours.

2020 AANLCP Expand Your Horizons Conference; San Diego, CA, March 2020. 17.5 hours.

PTSD Part 1: Assessment and Treatment; AAACEUS; Lakewood, Colorado, October 2019. 16 hours.

Medical Marijuana: Legal and Ethical Considerations for Healthcare Professionals; AAACEUS; Lakewood, Colorado, October 2018. 4 hours.

Clinical Guidelines for Upper Extremity Amputation Rehabilitation; AAACEUS; Lakewood, Colorado, October 2018. 12 hours.

American Association of Nurse Life Care Planner 2017 Educational Conference – Awaken the We-Ko-Pa; Scottsdale, Arizona, March 2017. 21.75 hours.

Neuroanatomy and Assessment – Part 1: Introduction, AAACEUs; Denver, Colorado, October 2016. 6 hours.

Neuroanatomy and Assessment – Part 2: The Adult Neurologic Assessment and Neurodiagnostic / Laboratory Studies, AAACEUs; Denver, Colorado, October 2016. 10 hours.

Burns: Assessment, Rehab and Lifelong Healing, AAACEUs; Denver, Colorado, October 2015. 10 hours.

Chronic Pain – The Basics, AAACEUs; Denver, Colorado, October 2015. 6 hours.

Growing Old Is Not for the Weak, Cardinal Hill Rehabilitation Hospital; Lexington, Kentucky, December 2014. 1.2 hours.

Pediatric Rehab: Nursing Interventions in Physiologic Alterations – Part 4, AAACEUs; Denver, Colorado, October 2014. 4 hours.

Neurologic Disorders – Part 6: Neurotrauma; Traumatic Brain Injury and Spinal Cord Injury, AAACEUs; Denver, Colorado, October 2014. 10 hours.

Holistic Nursing in Acute Care Settings, Jewish Hospital and St. Mary's Health Care; Louisville, Kentucky, March 2014. 1.2 hours.

Americans with Disabilities Act: Overview, Legal Cases, and Political Updates, AAACEUs; Denver, Colorado, October 2013. 14 hours.

Lower Extremity Amputation Care and Rehabilitation, Gateway Rehabilitation Hospital; Florence, KY, September 2013. 1.8 hours.

Disorders of Consciousness, Jewish Hospital; Louisville, Kentucky, March 2013. 1.2 hours.

Physical Therapy Treatments for Incontinence and Pelvic Pain, Jewish Hospital; Louisville, Kentucky, December 2012. 1.2 hours.

Depression: The Facts, The Myths, The Issues, AAACEUS; Denver, Colorado, October 2012. 4 hours.

Catastrophic CM and Life Care Plans, AAACEUs; Denver, Colorado, September 2012. 8 hours.

Traumatic Brain Injury, AAACEUs; Denver, Colorado, September 2012. 4 hours.

Understand the ASIA Scalec, Jewish Hospital; Louisville, Kentucky, March 2012. 1.2 hours.

Recovery of Walking Balance after SCI: Revealing Hidden Potential, Cardinal Hill Rehabilitation Hospital; Lexington, Kentucky, December 2011. 1.2 hours.

Pediatric Abusive Head Trauma, Western Schools; West Bridgewater, Massachusetts, October 2011. 2 hours.

Managing Complex Ethical Issues in Rehabilitation, HealthSouth Lakeview Rehabilitation Hospital; Elizabethtown, Kentucky, September 2011. 1 hour.

Is the Saebo Program Right for your Clients, Frazier Rehab Institute; Louisville, Kentucky, March 2011. 1.2 hours.

Guillain Barre, Baptist Hospital East; Louisville, Kentucky, September 2010. 1 hour

Aging with Spinal Cord Injury, AAACEUS; Denver, Colorado, August 2010. 12 hours

Acquired Brain Injury: Piecing it Together, Frazier Rehab Institute; Louisville, Kentucky, August 2010. 7.2 hours.

Waking Up the Brain, Cardinal Hill Rehabilitation Hospital; Lexington, Kentucky, March 2010. 1.2 hours.

Update on Parkinson's Disease, Frazier Rehab Institute; Louisville, Kentucky, December 2009. 1.2 hours.

Professional Rehabilitation Nursing Course, Association of Rehabilitation Nurses; Glenview, Illinois, October 2009. 23 hours.

The Therapeutic Benefits of Hippotherapy, Cardinal Hill Rehabilitation Hospital; Lexington, Kentucky, September 2009. 2.4 hours.

VitalStim Therapy, Southern Indiana Rehab Hospital; New Albany, Indiana, September 2009. 1.2 hours.

Use It or Lose It! The Effects of Immobility, King's Daughters Medical Center; Ashland, Kentucky, June 2009. 1.2 hours.

Introduction and Overview of the Ness L-300: A Neuroprosthetic Device, Southern Indiana Rehab Hospital; New Albany, Indiana, September 2008. 1.0 hours.

ICF Integrated Model: Client Care Conference, Cardinal Hill Rehabilitation Hospital; Lexington, Kentucky, June 2008. 1.2 hours.

The Role of Pain Management in the Rehabilitation Setting, Cardinal Hill Rehabilitation Hospital; Lexington, Kentucky, November 2007. 1.2 hours.

Exploring New Horizons in Nurse Life Care Planning, American Association of Nurse Life Care Planners; Orlando, Florida, September 2007. 15.3 hours.

Activity Based Therapy in Patients with Incomplete Spinal Cord Injury, Frazier Rehab Institute; Louisville, Kentucky, April 2007. 1 hour.

New Technology in Life Care Planning, American Association of Nurse Life Care Planners; Boston, Massachusetts, September 2004. 22.2 hours.

Behavior Problems Following Brain Injury: Management & Treatment for Adults & Children, Frazier Rehab Institute; Louisville, Kentucky, September 2004. 7.5 hours.

Third Annual Education Conference, American Association of Nurse Life Care Planners; Las Vegas, Nevada, September 2003. 20 hours.

Life Care Planning: Maximizing Quality of Life, American Association of Nurse Life Care Planners; San Antonio, Texas, September 2002. 20 hours.

Advanced Life Care Planning, American Association of Legal Nurse Consultants; Glenville, Illinois, August 2002. 4 hours.

Basic Life Care Planning, American Association of Legal Nurse Consultants; Glenville, Illinois, March 2002. 4 hours.

Substance Abuse and Traumatic Brain Injury, Frazier Rehab Institute; Louisville, Kentucky, October 2002. 7.2 hours.

### **Publications:**

Ford, Sara A., and Lampton, Laura J. "Life Care Plan: What You Need to Know" *Greater Louisville Metro Attorney at Law Magazine*, November 2011; 20-21.

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